

Australians discard up to **20%** of the food they purchase

This equates to **1 out of every 5** bags of groceries they buy.



up to **40%** of the average household bin is **food**



For the average **Australian household**

\$1,036

of food is thrown away every year.

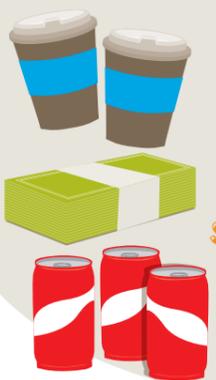
This is enough money to feed the average household for over a **month**



Aussies throw out **\$8 billion** worth of edible food every year.

or to pay for around **6 months** of your electricity bill.

Who are the **biggest wasters** of food?



Young consumers **(18-24)**

Households with incomes of more than **\$100,000** per year

Families with **children**



What are the **environmental effects?**

When food rots with other organic matter **in landfill**, it gives off a greenhouse gas called **methane** which is 25 times more potent than the carbon pollution that comes out of your car exhaust.



The **hidden impact?**

When you throw out food you also waste the water, fuel and resources it took to get the food from the paddock to your plate.



an estimated **20-40%**

of fruit and vegetables are **rejected**

even before they reach the shops, mostly because they don't match the consumers' and supermarkets' need for perfection.



What you can do

Plan a little better and be mindful of what you are throwing out so you don't repeat the same mistakes.

We all end up with food scraps, so **start a compost** bin to generate nutrient-rich fertiliser to **grow your own food**.

If you're in an apartment block, chat to the body corporate about a **communal organic waste collection service**.

Above all, remember to **love food hate waste** - it will save you money and save the Earth.

If you add up all the **food Australia wastes** each year, it's enough to fill **450,000** garbage trucks.



Placed end to end, the convoy would bridge the gap between **Australia** and **New Zealand**, just over three times.

DO SOMETHING!

FOODWISE
YOUR SITE FOR SUSTAINABLE FOOD

Adapted from infographic courtesy of DoSomething's FoodWise.com.au and Lunchalot.com